



ASIB

Program

CDC-1 Initiation (U-4)

- The main goal is for every child to fall in love with the ball.
- The program is based on pleasure and fun.
- MANY GAMES PLAYED
- Parent-Child Training

CDC-1

Where: Parc Eugène-Dostie

When: Saturday at 8:30 a.m.

Price: \$180

Age: Born 2019

Matches Monday at 6:00 p.m.



ASIB

Program

CDC-1 Initiation (U5-U6)

- The main goal is for every child to fall in love with the ball.
- The program is based on pleasure and fun.
- MANY GAMES PLAYED

CDC-1

Where: Parc Eugène-Dostie When:

Saturday at 8:30 a.m. Price: \$180

Age: Born 2018-2017

Matches Monday at 6 p.m.



ASIB

Program

CDC-2 Development (U7-U8)

- The main goal is for every child to fall in love with the ball.
- The program is based on pleasure and fun.
- MANY GAMES PLAYED

CDC-2

Where: Eugène-Dostie Park

When: Saturday at 9:45 a.m.

Price: \$195

Age: Born 2016-2015

Matches: Monday and Wednesday 6:00 p.m. or 7:00 p.m.



ASIB

Program

CDC-3 Creation U9-U10 Local

- Always based on the game and on pleasure, the development of the technical aspect is a priority.
- The game should be kept simple and fun while integrating the learning of various techniques
- MANY GAMES PLAYED

CDC-3

Where: Parc Eugène-Dostie

When: Saturday at 11 a.m.

Price: \$195

Age: Born 2014-2013

Matches night undetermined



ASIB

Program

CDC-4 Advanced U9-U10 (competition)

- Perfection of the game.
- Development for the love of this sport
- Always based on play and pleasure, Development of the technical aspect.
- Directed, simple, fun and inspiring game.
- MANY GAMES PLAYED

CDC-4

Where: Parc Eugène-Dostie When:
Tuesday and Thursday at 6 p.m.

Price: \$425

Who: Born 2014-2013

Matches: Saturday or Sunday



ASIB

Program

CDC-5 Evolution U11-U12 (local)

- Always based on the game and on pleasure, the development of the technical aspect is a priority.
- The game should be kept simple and fun while integrating the learning of various techniques
- MANY GAMES PLAYED

CDC-5

Where: Parc Eugène-Dostie

When: undetermined

Price: \$205

Who: Born 2012-2011

Matches night undetermined



ASIB

Program

CDC-6 Advanced U11-U12 (competition)

- Perfection of the game.
- Development for the love of this sport
- Always based on play and pleasure,
- Development of the technical aspect.
- Directed, simple, fun and inspiring game.
- MANY GAMES PLAYED

CDC-6

Where: Parc Eugène-Dostie When:
Tuesday and Thursday at 7 p.m.

Price: \$485

Age: Born 2012-2011

Matches: Saturday or Sunday



ASIB

Program

U13 à U18 Local

- The schedule is determined by the Lac Saint-Louis region.
- Interclub match.
- Captivating level of competition.
- There is no longer a CDC for these categories, but practices can be organized on request.

Price: \$205

Age: Born 2010 to 2005

Match night undetermined



ASIB

Program

Metro league (senior)

- The schedule is determined by the Lac Saint-Louis region.
- 19+ recreational league.
- Interclub match. playing 11v11.
- Captivating level of competition.

Price: \$235

Who: 19 and over

Match night undetermined



ASIB

Program

Adult league

- 30+ recreational league.
- Local game only.
- playing 11v11.
- Captivating level of competition

Price: \$225

Age: 30+

Match Friday or Sunday